

Preferred Dental

Includes access to a national provider network

CareFirst BlueCross BlueShield (CareFirst) and CareFirst BlueChoice, Inc. (CareFirst BlueChoice)¹ offer Preferred (PPO) Dental coverage, which allows you the freedom to see any dentist you choose.

Advantages of the plan

- **Freedom of choice, freedom to save**—With Preferred Dental coverage, you can see any dentist you choose. However, this plan also gives you the option to reduce your out-of-pocket expenses by visiting a dentist who participates in our Preferred Provider network. It's your choice!
- **Comprehensive coverage**—Benefits include regular preventive care, X-rays, dental surgery and more. A summary of your benefits is available on the following page. (Additional coverage for orthodontia may be included—ask your benefits manager for details).
- **Nationwide access to participating dentists**—You have access to one of the nation's largest dental networks, with more than 95,000 participating dentists throughout the United States. Preferred Dental gives you coverage for the dental services you need, whenever and wherever you need them.

Three options for care

- **Option 1**—By choosing a dentist in the Preferred Provider Network, you incur the lowest out-of-pocket costs. These dentists accept CareFirst's allowed benefit as payment in full, which means no balance billing for you.
- **Option 2**—You can receive out-of-network coverage from a dentist who participates with CareFirst, but not through the Preferred Provider Network. Similar to Option 1, there is no balance billing. You are responsible for out-of-network deductibles and coinsurance, and also have the convenience of your provider being reimbursed directly.
- **Option 3**—You can receive out-of-network coverage from a dentist who has no relationship with CareFirst. With this option, you may experience higher out-of-pocket costs since you pay your provider directly. You can be balance billed and must pay your deductible and coinsurance as well.

Frequently asked questions

How do I find a preferred dentist?

You can access an online directory 24 hours a day at carefirst.com/doctor. Click on the *Dental* tab, followed by *Preferred Dental (PPO)*.

Can I start using my benefits immediately?

Benefits for Preventive & Diagnostic Services and Basic Services begin on your Effective Date. Other benefits may not be available until 12 months after your Effective Date. If your employer offered a dental plan immediately prior to selecting this CareFirst dental plan, the waiting period may be waived. Ask your benefits manager for details.

Is there a lot of paperwork?

There is no paperwork when you see a participating dentist, you are free from filing claims. However, if you use a non-participating dentist, you may be required to pay all costs at the time of care, and then submit a claim form in order to be reimbursed for covered services.

Who can I call with questions about my dental plan?

Call Dental Customer Service toll free at: 866-891-2802 between 8:30 am and 5:00 pm ET, Monday–Friday.

¹ The CareFirst BlueChoice Dental Plan is offered in conjunction with Group Hospitalization and Medical Services, Inc., doing business as CareFirst BlueCross BlueShield, which contracts with participating dentists and provides claims processing and administrative services under the Dental Plan.

Summary of Benefits

Services	In-Network You Pay	Out-of-Network You Pay
DEDUCTIBLE APPLIES TO ALL BASIC AND MAJOR SERVICES	\$25 Individual / \$75 Family	\$50 Individual / \$150 Family
ANNUAL MAXIMUM APPLIES TO ALL SERVICES EXCEPT ORTHODONTIC	Plan pays \$1,000 combined maximum	
PREVENTIVE & DIAGNOSTIC SERVICES		
<ul style="list-style-type: none">■ Oral Exams (two per benefit period)■ Prophylaxis (two cleanings per benefit period)■ Bitewing X-rays■ Full mouth X-ray or panograph and bitewing X-ray combination and one cephalometric X-ray (once per 36 months)■ Palliative emergency treatment	<ul style="list-style-type: none">■ Fluoride treatments (two per benefit period per member, until the end of the year the member reaches the age 19)■ Sealants on permanent molars (once per tooth per 36 months per member, until the end of the year the member reaches the age 19)■ Space maintainers (once per 60 months)	No charge 20% of Allowed Benefit ¹
BASIC SERVICES		
<ul style="list-style-type: none">■ Direct placement fillings using approved materials (one filling per surface per 12 months)	<ul style="list-style-type: none">■ Periodontal scaling and root planing (once per 24 months, one full mouth treatment)■ Simple extractions	20% of Allowed Benefit after deductible ¹ 40% of Allowed Benefit after deductible ¹
MAJOR SERVICES—SURGICAL ²		
<ul style="list-style-type: none">■ Surgical periodontic services including osseous surgery, mucogingival surgery and occlusal adjustments (once per 60 months)■ Endodontics (treatment as required involving the root and pulp of the tooth, such as root canal therapy)	<ul style="list-style-type: none">■ Oral surgery (surgical extractions, treatment for cysts, tumor and abscesses, apicoectomy and hemi-section)■ General anesthesia rendered for a covered dental service	50% of Allowed Benefit after deductible ¹ 65% of Allowed Benefit after deductible ¹
MAJOR SERVICES—RESTORATIVE ²		
<ul style="list-style-type: none">■ Full and/or partial dentures (once per 60 months)■ Fixed bridges, crowns, inlays and onlays (once per 60 months)■ Denture adjustments and relining (limits apply for regular and immediate dentures)	<ul style="list-style-type: none">■ Recementation of crowns, inlays and/or bridges (once per 12 months)■ Repair of prosthetic appliances as required (once in any 12 month period per specific area of appliance)■ Dental implants, subject to medical necessity review (once per 60 months)	50% of Allowed Benefit after deductible ¹ 65% of Allowed Benefit after deductible ¹
ORTHODONTIC SERVICES ^{2,3}		
<ul style="list-style-type: none">■ Benefits for orthodontic services may be available for covered members under age 19 who meet treatment criteria.	50% of Allowed Benefit ¹	65% of Allowed Benefit ¹
<ul style="list-style-type: none">■ Orthodontic Lifetime Maximum	Plan pays \$1,200 combined maximum	

¹ CareFirst payments are based on the CareFirst Allowed Benefit. Participating and Preferred Dentists accept 100% of the CareFirst Allowed Benefit as payment in full for covered services. Non-participating dentists may bill the member for the difference between the Allowed Benefit and their charges.

² Benefits for Major Services and Orthodontic Services may not be available until 12 months after your Effective Date.

³ Coverage for orthodontia may be included—ask your benefits manager for details.

Summary of Exclusions: Not all services and procedures are covered by your benefits contract. This plan summary is for comparison purposes only and does not create rights not given through the benefit plan.

Benefits issued under policy form numbers: DC/CF/GC (R. 8/10) • DC/CF/COC DEN (9/04) • DC/CF/DO-DOCS (R. 10/11) • DC/CF/DO-SOB (R. 1/04) • DC/CF/ATTC (R. 1/10) as amended.

